



# Cleveland West Road Runners presents the 35<sup>th</sup> BAY DAYS RUN

## 5 Mile Race & 1 Mile Fun Run Saturday, July 4, 2009 at 8:30 A.M.

Race starts and finishes at **Bay Village High School, 29230 Wolf Road.**

*Shirts designed by Bay High Art Students—to first 300 entrants!*

Special Awards for the Fun Run!      Plenty of refreshments!

Special thank you to Bay Village Police Dept., BV Board of Ed. and Denise Ross from BHS art, for help in making our race possible.

**AWARDS:** Overall Male/Female; Overall Master Male/Female; Top three finishers in age divisions (5-yr increments); Wheelers  
**AGE GROUP and OVERALL AWARDS WILL BE DISTRIBUTED IN THE FINISH LINE CHUTE.**

**No processing fee!**

**PREREGISTRATION:** On-line at ACTIVE.COM until **Friday, June 26**, or by mail (must be received by **Tuesday, June 30<sup>th</sup>**)

5 Mile Race \$20.00 **open** / \$17.00 for CWRRC members

Students in 5 mile: **18 & under** \$5.00 with no shirt and \$15 with shirt / **14 & under** FREE no shirt and \$10 with shirt

1 Mile Fun Run (14 and under)...Free (No SHIRT).....\$10.00 (With SHIRT)



**High School Team Registration and Awards!!** Ask your XC or Soccer Coach for details

**\*\* DISCOUNTED FEES** and special registration forms available only through Coaches \*\*



**In-Person Preregistration and Race Packet Pick-Up:** At Second Sole, 19341 Detroit Ave.,

Rocky River at the following times: **Thursday, July 2nd from 4 to 8:30 p.m.;**

**Friday, July 3 from 10:00 a.m. to 5:30 p.m.**

**Register ONLINE!** [www.cwrrc.org](http://www.cwrrc.org)  
No processing fee with online registry

**RACE DAY REGISTRATION:** (starting at 7:15 a.m.)

5 Mile Race -- \$23.00 **open** (no club member discount)

Students in 5-mile: **18 & under** \$5.00 with no shirt and \$15 with shirt / **14 & under** FREE no shirt and \$10 with shirt

1 Mile Fun Run (14 and under)...**Free** (No SHIRT).....**\$10.00** (With SHIRT)

Privacy: Cleveland West Road Runners does NOT distribute or sell participants' information.

Additional Race Details and more information - go to [www.cwrrc.org](http://www.cwrrc.org) or email [BayDays@cwrrc.org](mailto:BayDays@cwrrc.org)

**Detach here** **and return**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to; falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio headsets are not allowed in the race and I will abide by this guideline. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release the Cleveland West Road Runners Club, the Road Runners Club of America, the City of Bay Village, the Bay Village Board of Education, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ **Race Division: 5 MILE 1 mile Kids Fun Run**

Gender: **MALE / FEMALE** Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age on Race Day:** \_\_\_\_\_ **WHEELER** Division \_\_\_\_\_  
(circle one)

T Shirt Size: **Small MED LRG XL** Email: \_\_\_\_\_ Would you like periodic updates of CWRRC events/Races? Y / N  
(circle one)

Telephone Number: \_\_\_\_\_ Running Club Affiliation: \_\_\_\_\_

Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

(PARENT'S SIGNATURE IF RUNNER IS UNDER 18 yrs)

Make check payable to: **CWRRC/Bay Days** and mail to :  
CWRRC, P.O. Box 770844, Lakewood, Ohio 44107-0032

Date:	** OFFICIAL USE AREA**
Check#	<b>BIB #</b> _____